



Supporting Older Youth:

DHHS Regional Direct Workers Training Session

Purpose

An interactive, one-day training to enhance the capacity of new and current case managers in creating and implementing transition plans that meet the unique needs of transition-age youth as they prepare for an interdependent adulthood after care. These seminars will:

- Employ local young adults with system experience as co-trainers.
- Adapt to the unique environment and needs of each region.

This training will utilize youth with current and former system-involvement, and other community partners to build direct caseworkers proficiency in working with older youth in the following ways.

- Increase understanding of the basic tenets of adolescent brain development.
- Develop knowledge and application of positive youth development philosophy in engaging with older youth.
- Increase understanding of appropriate intervention strategies for youth experiencing suicidal thoughts.
- Learn new tactics for promoting self-advocacy in young adult consumers.
- Apply gained knowledge to better engage young adults in their own transition planning.

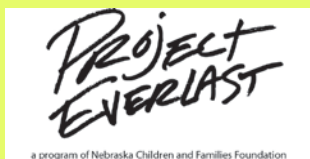
Friday, June 21

9:00 AM – 4:30 PM

**The Center for
People in Need**
3901 N 27th St # 1
Lincoln, NE 68521

REGISTER ONLINE
ProjectEverlast.org
Link:

<http://bit.ly/10UpsJT>



Agenda

Session Details:

This opportunity blends existing research, current local practices, national data, and voices of local Project Everlast members to provide a foundation for strengthening connections with older youth and supporting their success. Project Everlast youth will participate alongside case managers to identify ways to ease application of policy and/or potential barriers and continue to develop collaborative efforts through discussions and shared learning.

Presenters:

Project Everlast staff, Nebraska Suicide Prevention Coalition, JCYOI and youth with system experience (from that service area, whenever possible).

Session Outline (6 Hours):

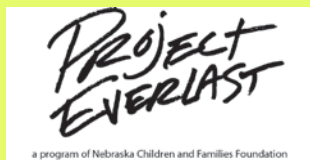
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AM

9:00 Welcome, Introductions and Review Objectives

9:15 Adolescent Brain Science Basics

9:30 Authentic Youth Engagement

10:15 Break

10:30 Building Strong Self-Advocates

11:30 Break for Lunch

PM

12:30 Suicide Prevention

1:45 Applying Youth Engagement to Transition Planning

2:15 DHHS Older Youth Policy Review

2:30 Break

2:45 Youth Panel

4:00 Next Steps Surrounding Community Conversations

4:15 Closing, Final Questions and Evaluations

4:30 Adjourn