

What does it mean?

Fundamental Strategies in Creating Permanency for Older Youth

- 1. Youth Voice and Involvement
- 2. Healthy Permanent Relationships
- 3. Community Resources and Awareness
- 4. Policies and Practices
- 5. Funding

Developed at the Summit for Youth Permanency, June 2011

The Summit for Youth Permanency was brought to you by Nebraska Children and Families Foundation, Through the Eyes of a Child, Department of Health and Human Services, Jim Casey Youth Opportunities Initiative and Sherwood Foundation.

Youth Voice and Involvement

Short-Term- locally

- Invite youth to serve on service organizations' advisory committees
- Ensure service plans are created with youth involvement to include appropriate steps and supports
- Involve youth in decision-making process
- Listen to youth and act stop speaking for them
- Develop a standardized survey or self-study to help youth discover what they want, who they want in their life and how to articulate it
 - o Have a professional help youth interpret survey results and with relationship building
- Utilize Youth Court Questionnaire/Form
- Ensure all youth attend 6-month court reviews
- Keep asking, even if youth say "no" to adoption, guardianship, creating connections – make sure they have accurate information, find out why they are rejecting permanency

Short-Term – statewide

- Provide youth with court process education and give them opportunities for input
- Increase youth involvement in policy development and decision making
- Implement youth-driven policies and practices in the recruitment and placement of adoptive, guardianship and foster parents

Long-Term – locally

- Match foster parents and youth more effectively by engaging young people in the process
- Engage youth in training foster parents
- Allow time for providers to get to know the children/youth they serve
- Explain procedure and process to youth clearly
- Create specific teams for youth in transition made of caseworkers who understand older youth and permanency issues

Long-Term – statewide

• Support the creation of a peer network and alumni community to create opportunities for relationship building and permanence

Needs More Investigation

• Find youth-directed supports



Healthy Permanent Relationships

Short-Term – locally

- Maintain connections with siblings
- Enhance family finding (use genograms) place youth with family, friends before strangers/foster parents
- Create local vehicles for increased communication between youth and professionals
- Educate youth on how to build and sustain positive relationships, including with biological family
- Keep asking, even if youth say "no" to adoption, guardianship, creating connections maker sure they have accurate information, find out why they are rejecting permanency
- Permit contact with biological family unless unsafe
- Allow non-custodial parent visits without court intervention
- Create system where foster families help biological families
- Educate youth on how to be safe with biological family, so they are prepared for reunification. Provide support to biological families to learn skills.

Long-Term – locally

- Provide additional training and support for foster parents to handle the complex needs of older youth and to maintain permanent relationships with youth
- Ensure appropriate mental health services for youth
- Create positive permanency-building environment for youth in institutional placements

Needs More Investigation

- Increase mentoring supports
- Identify caring adults with specialized supports
- Provide individualized support



Community Resources and Awareness

Short-Term – locally

- Increase awareness of available programs
- Enhance support for teen parents including parenting classes and childcare
- Create awareness campaign communicating that it is okay to accept help
- Provide transportation for youth to court hearings
- Develop partnerships between employers and educators to develop lasting supports/connections
- Create local vehicles for increased communication between youth and professionals

Short-Term – statewide

 Create advocacy document to help partners communicate the need for permanency

Long-Term – locally

- Initiate a community awareness campaign to increase the pool of potential foster/adoptive parents and decrease the negative perceptions associated with older foster youth
 - o Wear button with a foster youth's photo and message, "ask me about..."
 - o Tell one new person each day
- Strengthen prevention resources and services for biological families
- Ensure appropriate mental health services for youth
- Create positive permanency-building environment for youth in institutional placements
- Create collaborate education events foster youth focusing on the future, HHS, school districts, families, CASA, GAL and judges
- Ensure that GAL makes contact with supports and is involved in team meetings

Long-Term – statewide

- Create a peer network and alumni community to create opportunities for relationship building and permanence
- Make sure that every youth in care has a CASA volunteer

Needs More Investigation

• Build personal and community connections for youth in care and those aging out



Policies and Practices

Short-Term – locally

- Create a tool to conduct a needs-based service assessment in each service area (assess status of permanency and incorporate into regional summit planning – use data and community issues)
 - o Assess training needs
- Create practices that support youth in identifying, creating and maintaining lifelong supports
- Look for family connections that may be available now but were not available at time of removal, complete search for family members (use of genograms), including non-custodial, conduct file mining
- Develop a standardized survey or self-study to help youth discover what they want, who they want in their life and how to articulate it
 - o Have a professional help youth interpret survey results and with relationship building
- Ensure service plans are created with youth involvement to include appropriate steps and supports

Short-Term – statewide

- Review policy regarding mandatory background checks for friends/ peers of youth in care (other options for determining safety)
- Assess the implications of removing Independent Living as a permanency objective
- Increase inter-agency communication regarding permanency efforts
- Increase education for youth, service providers and foster parents on existing permanency services and policies
- Review policies regarding sibling placements and relationship enhancement
- Re-evaluate rate of removals and strategize to maintain in-home placements
- Implement youth-driven policies and practices in the recruitment and placement of adoptive parents, guardianship and foster parents
- Increase youth involvement in permanency policy development and decision making

Long-Term – locally

- Create a team who only works with youth ages 16+ (need to investigate nationally and connect to specialized GALs)
- Enhance programs that address social/emotional well being
- Ensure that GAL makes contact with supports and is involved in team meetings
- Provide additional training and support for foster parents to handle the complex needs of older youth and to maintain permanent relationships with youth
- Recruit more foster parents (traditional/therapeutic) to provide more options for permanent placements



Policies and Practices

(continued)

Long-Term – statewide

- Extend optional care to age 21 (work on permanency options until age 19)
- Increase flexibility in policies (including age limitations) to accommodate individual needs of youth in transition and increased accessibility to services and supports
- Change former ward criteria and requirements make career options available for internships/apprenticeships including youth not attending college
- Make sure every youth in care has a CASA volunteer
- Review research and resources to develop transitional programming to focus on permanency without a plan/home/resources beyond 19 (no 90 days before aging out)

Needs Further Investigation

- Place fewer youth in foster homes (smaller case loads)
- Build accountability checks and balances for professionals
- Require permanency hearing 1 year after removal
- Require any child over age 8 to attend hearings unless excused
- Ensure all youth attend 6-month court review
- Ensure fully staffed team meetings
- Assess and implement realistic time frame for permanency
- Inform youth of options
- Train caseworkers
- KVC aftercare and Independent Living Specialist
- Create new services with housing-first model and wrap-around for support
- Create earlier, high-quality independent living skills programs/services
- Increase training and support for kinship homes
- Educate youth on aftercare services and benefits
- Provide cultural diversity training



Funding

Short-Term – locally

- Provide funding for youth to be involved in extracurricular activities to give them opportunities to build supports
- Develop shared resources among organizations to ensure permanence for young people

Short-Term – statewide

• Analyze the funding to build informal supports (e.g. extracurricular activities)

Long-Term – locally

• Increase funding for local mental health services

Long-Term – statewide

- Review research and resources needed to develop transitional programming to focus on permanency for youth without a plan/home/ resources beyond 19 (not 90 days before aging out)
- Create access to resources/dollars for transitioning youth
- Enhance programs that address social/emotional well being

Needs More Investigation

- Utilize all existing funding streams to focus on permanency federal resource guidance
- Establish leadership group at state level to review existing funding and federal funding guidelines
- Fund transportation for juveniles to attend adolescent 10P?

