



When you're 16 and in foster care, it feels like you're the only one. Removed from family, friends and familiar surroundings, loneliness is common.

THAT'S WHY WE'RE HERE

If you are between the ages of 14-24 and have foster care experience, your local Project Everlast Council is there for you. It's a network of young people who know what growing up in foster care is about. They will listen. They'll help. And they won't judge.

From monthly meetings to social events to national conferences, council members meet new people and make new friends. You'll learn important life skills, discover how to be a leader, make your voice heard and change the system.

PROJECT EVERLAST COUNCIL CREATES OPPORTUNITIES FOR YOUTH IN CARE

- Have fun and build relationships with other young people
- Complete service projects to help your community and project a positive image of youth in care
- Join the Speakers Bureau for training on presentation skills. Then use your voice to train foster parents, caseworkers, community members and other professionals on supporting youth in care
- Work with organizations and professionals to build resources in your community
- Speak with policymakers and advocate for laws to improve the system
- Reunite with siblings at Camp Catch-Up
- Access resources designed for youth in care or those aging out
- Exercise leadership skills at legislative lunches, national conferences and more



When Kristina aged out of foster care, she was 18 years old with a toddler in tow. When she had to choose between paying for school and rent, she and her son "couch-surfed" while she tried to complete her college classes. "Project Everlast is my family," Kris said at a recent speaking event. And she meant it. Thanks to her people at Project Everlast, Kris has someone to ask when she needs a new social security card, is ready to sign her son up for preschool, and for guidance on her career path.



After the death of her mother and a rocky relationship with her father, Megan found permanency with her grandparents. Project Everlast and specifically its Camp Catch-Up helped Megan maintain relationships with her siblings despite their separation. "I think we sometimes forget the impact that supportive relationships make on a young person's life. Project Everlast works to help build these important relationships, and in doing so, we are leading youth to a better future."

RETURN THIS FORM TO GET INVOLVED IN THE PROJECT EVERLAST COUNCIL

Caseworker's Name

Street Address

City

State

Zip

Phone

Email

Mail this form to
Project Everlast

Nebraska Children and Families Foundation
215 Centennial Mall South, Suite 200
Lincoln, Nebraska 68508

Your Name

Date

Street Address

City

State

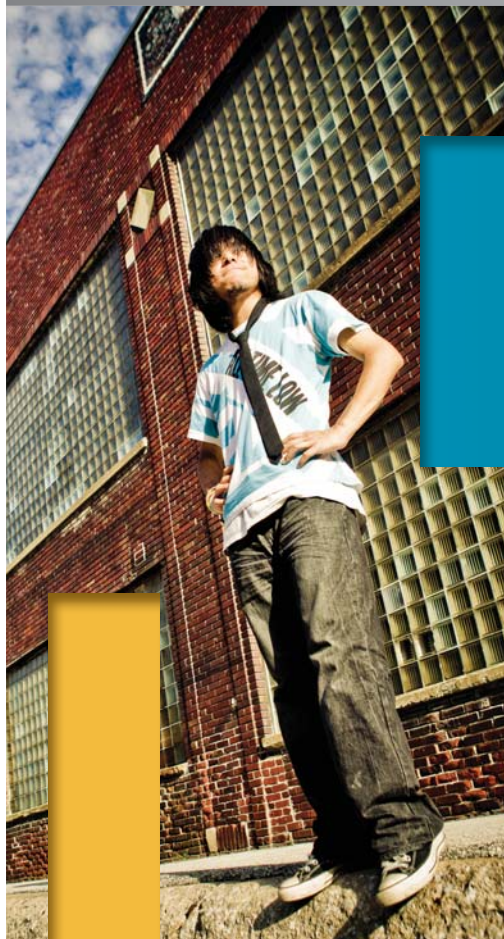
Zip

Phone

Email

How would you like us to contact you?

Date of Birth



402.476.9401

www.ProjectEverlast.org

[Facebook.com/projecteverlast](https://www.facebook.com/projecteverlast)



@PE_nebraska



Project
Everlast

a program of Nebraska Children and Families Foundation